

Dyscalculia Symptom information and quiz

Dyscalculia is a learning need that impairs an individual's ability to understand everyday maths concepts, make sense of numbers, and memorise formulas. Dyscalculia looks different in everyone who has it — meaning one child may be unable to count to 10, while another can easily count to 100 but struggles with simple addition or subtraction.

Symptoms of dyscalculia show up in the classroom and far beyond. They affect how your child will play with friends, set up a schedule, and even drive a car. Struggles with maths are often easily dismissed, especially if your child seems to do okay in other subjects. But, as with any learning need, this condition can lead to low self-esteem, anxiety, and missed opportunities if they're not dealt with as early as possible.

Use this free dyscalculia symptom test to determine whether your child might be showing signs consistent with dyscalculia. Any positive results should be discussed with your child's school. Complete this quiz and take it to your child's school to help open a productive conversation.

This dyscalculia symptom test is not intended to diagnose or to replace the care of an educational professional. Only a trained healthcare or education professional can make a diagnosis. This self-test is for personal use only.

Does your child not seem to understand the connection between the symbol “4” and the word “four?” Do they make mistakes when reading or following directions involving number words and symbols?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child say numbers out of order, long after peers have mastered this skill?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child still count on his fingers past Year 4?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child get unnaturally upset or complain of feeling ill while completing maths homework?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child seem disinterested in keeping score or playing any game that involves maths, however indirectly?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

As a young child, did your child struggle to learn to count?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child struggle to sort objects by shape, colour, or size?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child have difficulty applying fractions to real-world objects? For example, can they determine that one-half of the year is equal to six months?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child have difficulty writing numbers clearly or keeping his work neat when solving maths problems?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child struggle to understand money, and have difficulty working out change or sticking to a budget?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child have difficulty telling time on an analogue clock?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does your child have trouble solving word problems or multi-step maths problems? Do they struggle to articulate what strategies to use?

- 4. Very Often
- 3. Often
- 2. Sometimes
- 1. Rarely
- 0. Never

Does/would your child get lost, even in familiar surroundings?

4. Very Often
3. Often
2. Sometimes
1. Rarely
0. Never

Does your child struggle to connect the concept of numbers to real-world items? When you ask him how many cakes are left, for example, do they seem confused or answer incorrectly?

4. Very Often
3. Often
2. Sometimes
1. Rarely
0. Never

Does your child struggle to read graphs or charts without help?

4. Very Often
3. Often
2. Sometimes
1. Rarely
0. Never

Does your child not seem to understand the difference between adding and subtracting, confusing the + and - symbols when completing questions?

4. Very Often
3. Often
2. Sometimes
1. Rarely
0. Never

Scoring: The higher your score out of a possible 64, the more likely it is that your child should be assessed for dyscalculia.

Next steps:

- Complete this quiz and take it to your child's school to help open a productive conversation.
- Feel free to contact me directly on charlotte@nurtureandthrive.co.uk to discuss your child's needs and options for assessment.



N&T Free **Dyscalculia** quiz and information

- You can read more about dyscalculia here:
<https://www.dyscalculia.me.uk/resources-for-parents.html>